

OCTOBER 2025 NEWSLETTER



Happy Fall!

The construction project is coming to a close! Crews will still be working on the back patio, and sidewalks and putting finishing touches on but overall, we should not have any more interruptions or detours. Thank you for being patient and understanding during our construction project.

As you may recall, in June, NRC Health sent out a survey regarding Oakview. This is the annual survey and required by the State of Michigan as an effort to measure quality. From this satisfaction survey process, we hear about our strengths and opportunities for improvement.

Thank you to everyone who took the time to complete the survey. The response rate for resident surveys was 97.6% and the response rate for family surveys was 41.7%. Your comments and feedback will help us improve the quality of care we deliver. I am pleased to say that overall Oakview's care rating was 93% positive and our overall staff rating was 95%.

Thanks again for participating. As always, please continue to share your thoughts and feelings at any time.

Jannice Lamm,
Oakview Administrator

Happy Birthday!

Residents

Ellie Swanson	28th
Charles Bartlett	29th



Employees

Kalsey Williams	2nd
Sara Parsons	6th
Rhonda Rop	9th
Shawn Fields	13th
Julia Wagner	14th
Rachael Graham	15th
Caleb Nordine	20th
Kellie Lane	20th
Jamie Alfrejd	21st
Deb Wahr	21st
Kane Saunders	22nd
Kelly Bousson	23rd
Thomas Lawler	26th
Demika Garcia	30th

October is National Physical Therapy Month

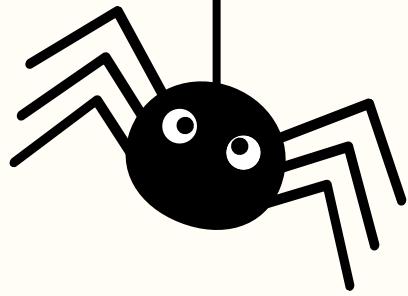
Oakview is very fortunate to have our own Physical Therapy staff. Monica Hatch is our full time Physical Therapist and Julie Neiboer is our full time Physical Therapy Assistant. These ladies continue to work diligently to provide outstanding care to Oakview residents. Please take time in October to show your appreciation.

Resident of the Month



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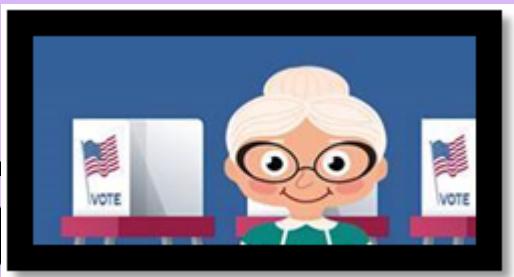
Valerie Padron-Blank



Michigan General Election

Tuesday, November 4th

Voting is a democratic right that should be protected, promoted and practiced. For general election information or for an absentee ballot application, contact the local city or township office where you or your loved is a registered voter. Contact a member of the Social Services Department if assistance is needed.



Friendly Reminders

Resident Trust Account at Oakview

This account is used to pay the beautician and barber. Please be mindful of the account balance.

If funds are not available hair services can not be scheduled. Please contact the finance office to obtain your balance.

Thank you

Medications

Please do not bring in or mail any type of medication to Oakview residents.



Thank you for helping us keep your loved ones safe

Safety is Key

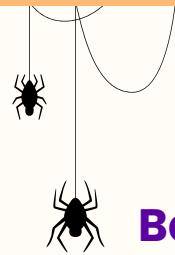
Please do not use safety pins on clothing. They are Never safe.

-Thank you

The 28th Annual Great Pumpkin Contest

The Great Pumpkin Party and pumpkin/costume voting will occur on October 31st. Pumpkins will be on display in the commons area for everyone to enjoy. We will again be having a staff and resident costume contest this year. So break out those creative juices, family, friends, and staff.

Please remember that any time a resident leaves the building they must sign out or be signed out at the nurses station.



Bake Sale Fundraiser
All proceeds will be donated to the
Walk to End Alzheimer's

Save the Date

Oct. 1st

The Walk to End Alzheimer's is scheduled for Saturday, October 4th at the Ludington Waterfront Park, with registration beginning at 9am and the Walk at 10am. Please consider attending and supporting a great cause!



Residents' Rights Month

October is "Residents' Rights Month," an annual event designated by the Consumer Voice to honor residents living in all long-term care facilities. It is an opportunity to focus on and celebrate awareness of dignity, respect, and the rights of each resident. The federal Nursing Home Reform Law guarantees residents' rights and places a strong emphasis on individual dignity, choice, and self-determination. The law also requires nursing homes to promote and protect the rights of each resident."

Residents' Rights Month is a time to raise awareness of these rights and celebrate residents.



This year's theme is "Stand with Me".

This theme highlights the importance of solidarity and support for residents who stand up and advocate for their rights, as well as the value of encouraging the community to join residents in sharing their voices.

Every month, we will include one of the resident rights or responsibilities as written in Oakview's "Residents Rights and Responsibilities" policy. We want our residents and their families to know these important Resident Rights and Responsibilities. If you should have any questions about any of these, please don't hesitate to ask.

G. Information and Communication

(2) The resident has the right to access personal and medical records pertaining to him or herself.

- (i) The facility must provide the resident with access to personal and medical records pertaining to him or herself, upon an oral or written request, in the form and format requested by the individual, if it is readily producible in such form and format (including in an electronic form or format when such records are maintained electronically); or, if not, in a readable hard copy form or such other form and format as agreed to by the facility and the individual, within 24 hours (excluding weekends and holidays); and
- (ii) The facility must allow the resident to obtain a copy of the records or any portions thereof (including in an electronic form or format when such records are maintained electronically) upon request and 2 working days advance notice to the facility. The facility may impose a reasonable, cost-based fee on the provision of copies, provided that the fee includes only the cost of:
 - (A) Labor for copying the records requested by the individual, whether in paper or electronic form;
 - (B) Supplies for creating the paper copy or electronic media if the individual requests that the electronic copy be provided on portable media; and
 - (C) Postage, when the individual has requested the copy by mailed.

Attention Resident and Resident Representatives.

To keep all residents and staff safe from respiratory illness, Oakview will be offering 2 different vaccines this fall to help combat flu and covid.

The 2 vaccines include, the Respiratory Syncytial Virus (RSV) Vaccine, the updated 2025-2026 COVID-19 Vaccine and the updated 2025-2026 Influenza Vaccines.

Even though these vaccines do not protect individuals 100% from these viruses, they do help prevent severe illness and hospitalization and death from these viruses.

1. Staying Up to Date with COVID-19 Vaccine

What to know

- * The COVID-19 vaccine helps protect you from severe disease, hospitalization, and death.
- * It is especially important to get your 2025-2026 COVID-19 vaccine if you are ages 65 and older, are at high risk for severe COVID-19, or have never received a COVID-19 vaccine.
- * Vaccine protection decreases over time, so it is important to stay up to date with your COVID-19 vaccine.

KEEP IN MIND

- * The virus that causes COVID-19, SARS-CoV-2, is always changing and protection from COVID-19 vaccines declines over time. Receiving an updated 2024-2025 COVID-19 vaccine can restore and enhance protection against the virus variants currently responsible for most infections and hospitalizations in the United States.
- * COVID-19 vaccination also reduces the chance of suffering the effects of Long COVID, which can develop during or following acute infection and last for an extended duration.
- * Getting a COVID-19 vaccine is a safer, more reliable way to build protection than getting sick with COVID-19.

2. 2025-2026 Influenza Vaccine

WHAT TO KNOW

- * CDC recommends everyone 6 months of age and older, with rare exceptions, receive an updated 2025-2026 flu vaccine to reduce the risk of influenza and its potentially serious complications this fall and winter.
- * September and October remain the best times for most people to get vaccinated.
- * Updated 2025-2026 flu vaccines will all be trivalent and will protect against an H1N1, H3N2 and a A and B/Michigan/01/2021
- * It is safe to give the COVID-19 and Influenza Vaccines at the same time.

What can you do to help protect the residents, your loved one and the staff from illness

- * Stay home if you have symptoms or have been diagnosed with a respiratory illness.
- * Wear a mask if you must visit.
- * Cover your cough and sneeze with a tissue or the bend of your elbow. Dispose of tissue promptly and perform hand hygiene.
- * Get vaccinated with the Influenza vaccine and stay up to date with COVID and Influenza vaccines.

Consent Forms for Vaccines have been uploaded into the Electronic Health Records for beginning the first week of September. Consent Forms will be mailed out to those that do not have access with stamped return envelope. Prompt attention and completion is appreciated.

If you have any questions or need to report COVID exposure or respiratory illness you may call Cherie Hernandez RN, Infection Preventionist at 231-845-5185 ext 236.



October
2025



Wednesday Colors

1

Halloween
or
Orange

8

Halloween
or
Black

15

Halloween
or
Purple

22

Halloween
or
Green

29

Halloween
or
Teal

TRICK
OR
TREAT

6pm-8pm
front Lobby
of Oakview

All are welcome!

