

Oakview Medical Care Facility

January 2024

### Special Dates on the Activity Calendar.

All Activities are subject to change.

### Main Side

1st: NYD Cookie Treat 2:30pm
2nd: Northern Lights Craft 2:30pm
3rd: Jaycee Bingo 6:30pm
8th: Kevin B. Music 2:45pm
12th: Summit Church Singers 7pm
16th: Monthly B-day Party 2:30
19th: Space Word Bingo 2:30pm
23rd: Resident Council 2:30pm
25th: Charlie Cole 2:30pm
29th: Moon Volleyball 11:00am
30th: Scavenger Hunt 2:30pm

### Sutter Living Center

3rd: Jaycee bingo 6:30pm
5th: Bev's Bday Party 3:00pm
6th: Kevin B. Music 2:45pm
6th: Lucy's Bday Party 6:30pm
12th Under the See Party 3:00pm
12th: Summit Church 7:00pm
16th: John Marek 2:30pm
23rd: Lets Make Meatballs 1:30pm
24th: Viking Day Party 3:00pm
25th: Charlie Cole 2:30pm
31st: Special in-House Lunch

# New Year Reminders

Please inform Mary Jo at ext. 261 of any changes.

- 1. Change your personal address or E-mail address
- 2. Change your phone number or cancel a landline
- 3. Change insurance or prescription coverage for the resident
- 4. Need to update emergency contact info
- 5. Have updated funeral home information
- 6. Make a Change within you Medicare Plan
- 7. Have a change in legal papers, i.e.: MDPOA/DPOA, Guardianship, or Conservatorship

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### Food Reminder

Food needs to be provided in small, single servings. Leftovers will be disposed of.



Every month, we will include one of the Resident Rights or Responsibilities as written in Oakview's "Residents Rights and Responsibilities" policy. We want our residents and their families to know these important Resident Rights and Responsibilities. If you should have any questions about any of these, please don't hesitate to ask.

F. Self Determination. The resident has the right to, and the facility must promote and facilitate resident self determination through support of resident choice, including but not limited to the rights specified in paragraphs (f) (1) through (11)

(5) The resident has a right to organize and participate in resident groups oin the facility.

(ii) Staff, Visitors, or other guests may attend resident group or family group meetings only at the respective groups invitation.

#### Happy New Year!

Time for everyone to take a breath and reflect on the past and be excited about the future. I found this "Ultimate List" for my New Year's resolution and wanted to share....

- 1. Get more rest.
- 2. Drink more water.
- 3. Get more exercise.
- 4. Read more.
- 5. Get more organized.
- 6. Clean more often.
- 7. Explore more.
- 8. Relax more.
- 9. Have more patience.



JUST TRY YOUR BEST!

### Here's to a Happy 2024!!!

### Resident Birthdays

*HAPPY* Birthday!	*HAPPY* BIRTHDAY
Ellie Westcott	22nd
<b>Rosalie Price</b>	15th
Lucy Nephew	8th
Christine Vissers	7th
Beverly Earp	5th
Marlene Monton	1st

### Employee Birthdays

Becky Beck	7th
Tammy Howe	9th
Jannice Lamm	10th
Scott Kelsey	12th
Hannah Smakal	13th
Ruth Weber	14th
Haven Laubach	15th
Corina Lynn	16th
Kylee Stark	16th
Patricia Porter	17th
Susan DeGroot	17th
Rhonda Remer	18th
Jason Anderson	21st
Gabriele Holler	21st
Katie Anderson	22nd
Alex Loosa	22nd
Malanah Palma	23rd
Diane Swider	24th
Sabrina Sisson	24th
Jill Lynch	25th
Michelle McLain	27th
Terry Olson	30th



Resident of the Month for January is <u>Marilyn</u> <u>Malliett</u> Congratulations!



The Walk to End Alzheimer's Saturday, October 5<sup>th</sup>, 2024 Ludington Waterfront Park

## Wednesday Colors

Week 1: 3rd is Grey

Week 2: 10th is Blue Week 3: 17th is Green Week 4: 24th is Black Week 5: 31st is Red