

## Welcome 2022!

We are all hoping that 2022 brings normalcy, peace and good health! The current facts are; COVID is still with us and our vigilance must continue to keep Oakview residents and staff safe! We have recently been reminded by CMS that visitation in nursing homes continues to be important, we must continue to follow key principles of infection control to include these three key points:

- Adhere to the core principles of infection prevention, especially wearing a mask, performing, hand hygiene, and practicing social distancing;
- Don't have large gatherings where physical distancing cannot be maintained; and
- Work with state and local health departments when an outbreak occurs.

We are also reminded from CMS and the CDC that the best way to protect ourselves and others from COVID and the surging Omicron variant is to become fully vaccinated and get the booster vaccine per CDC recommendations. Residents are also reminded and urged to wear a mask, practice social distancing and perform hand hygiene by using alcohol-based hand rub or soap and water. Residents do not have to wear a face covering while eating or drinking, in their rooms alone or with their roommate.

This is also a reminder to make sure when visiting that you are screening in and out at the Acushield in the front lobby. You are to answer questions truthfully, have your temperature taken and wear the sticker provided while in the building.

Together we can keep our residents and staff safe. Let's make 2022 a great year!

Please take care,

Jannice Lamm  
Oakview Administrator

In an effort to keep everyone fully informed we would like to remind families and residents that the state has created Care and Recovery Centers (CRCs). These centers are designed to care for COVID positive residents. There is a possibility that if an Oakview resident is COVID positive that they would be transferred to a CRC to receive care, recover and come back to Oakview. Transferring to a CRC would be dependent on an open bed. Also, please remember that if this was going to happen we would keep the resident and the responsible family member fully informed.

If you have questions, please call Mary Jo.



## Theme of the Month 50's Rock & Roll Wednesday Dress Up Days



**Week 1: 5<sup>th</sup>**  
Pink/50's

**Week 2: 12<sup>th</sup>**  
Black/50's

**Week 3: 19<sup>th</sup>**  
Turquoise/ 50's

**Week 4: 26<sup>th</sup>**  
White/ 50's

## New Year Reminders

Please inform Mary Jo at ext. 261 of any changes.

1. Change your personal address or E-mail address.
2. Change your phone number or cancel a landline
3. Change insurance or prescription coverage for the resident
4. Need to update emergency contact info.
5. Have updated funeral home information
6. Make a Change within you Medicare Plan.
7. Have a change in legal papers, i.e.: MDPOA/DPOA, Guardianship, or Conservatorship

Every month, we will include one of the Resident Rights or Responsibilities as written in Oakview's "Residents Rights and Responsibilities" policy. We want our residents and their families to know these important Resident Rights and Responsibilities. If you should have any questions about any of these, please don't hesitate to ask.

**D. Choice of Attending Physician: The resident has the right to choose his or her attending physician.**

- (1) The physical must be licensed to practice, and;
- (2) If the physician chosen by the resident refuses to or does not meet requirements specified in this part, the facility may seek alternate physician participation as specified in paragraphs (d) (4) and (5) of this section to assure provision of appropriate and adequate care and treatment.



# Food Reminder



Food needs to be provided in small, single servings. Leftovers will be disposed of.

**Happy New Year! Time for everyone to take a breath and reflect on the past and be excited about the future. I found this “Ultimate List” for my New Year’s resolution and wanted to share....**

1. Get more rest.
2. Drink more water.
3. Get more exercise.
4. Read more.
5. Get more organized.
6. Clean more often.
7. Explore more.
8. Relax more.
9. Have more patience.

**JUST TRY YOUR BEST!**

Statistics show that by February most of us will have broken more than 90% of the resolutions made. So as the end of the Ultimate List instructs....Let’s just do our best! That sounds like the best plan to me. I look forward to tomorrow; to the future. Oakview is always looking for ways to improve and move forward.

**Here’s to a Happy 2022!!!**

**Jannice Lamm, CTRS, LNHA**

## January Birthdays

### Residents

|                 |      |
|-----------------|------|
| Ray Guiher      | 1/2  |
| Anne Masten     | 1/8  |
| Patrick Nielsen | 1/13 |
| Dennis Grams    | 1/18 |
| Ellie Westcott  | 1/22 |

★HAPPY★  
BIRTHDAY!

### Employees

|                    |      |
|--------------------|------|
| Netha Hill         | 1/8  |
| Melissa Finkbeiner | 1/10 |
| Jannice Lamm       | 1/10 |
| Allison Schultz    | 1/10 |
| Hannah Smakal      | 1/13 |
| Kylee Stark        | 1/16 |
| Susan DeGroot      | 1/17 |
| Patricia Porter    | 1/17 |
| Jason Anderson     | 1/21 |
| Katie Anderson     | 1/22 |
| Sabrina Sisson     | 1/24 |
| Diane Swider       | 1/24 |
| Jill Lynch         | 1/25 |
| Morgan Olson       | 1/26 |
| Terry Olson        | 1/30 |



Resident of the  
Month for January is

*Alice Kolberg*

Congratulations!



Employee of the  
Month for January is

*Audrey DeWeese*

Congratulations!



Employee of the  
Year for 2021 is

*Lyndi Mann*

Congratulations!