

OAKVIEW MEDICAL CARE FACILITY

MARCH 2021

Greetings Families and Residents!

Hard to believe we are almost going on a year that we have been in Pandemic Status! As of March 1st, we have tested residents 2093 times with 29 positive cases and employees 6564 times with 21 positive cases. We have all been through a lot but have hung in there as a strong group and supported each other. I am very proud of all of the residents and staff! We are living and working through history.

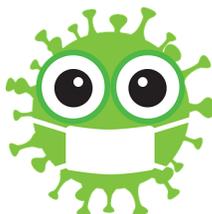
COVID numbers are down! Mason County dropped to a C risk level with a 2.3% positivity rate as of March 1, 2021. MDHHS did issue a new Epidemic Order as of March 2, 2021 and is now allowing restricted indoor visitation regardless of the County risk level. What this means for us as of today is that we are allowed to have restricted indoor visitation for residents even if our risk level were to rise. We are offering the option for families to transition from their window visit to an indoor visit. Most families are opting to stay with the window visit. The indoor visits continue to require the visitor to be tested, remain 6 feet from the resident at all times with no touching allowed, and to keep their mask on at all times. The window visits are providing face to face (with a window in between) interaction, with the communication device in place residents are able to clearly hear their loved ones. As the numbers go down there is hope for less restrictions and easy indoor visitation but for now, we must comply with state guidelines! Please see attached instructions and education. If you have questions, please call.

To schedule a window or inside visit with your loved one, please call...

Mandy Ohman

Director of Activities

845-5185 ext. 233



Mary Jo Claire

Director of Social Services

845-5185 ext. 261

If you are permitted to visit the facility per CMS and MDHHS guidelines, we ask that you take the following steps to protect yourself, your loved one, other residents and our staff:

Visit Scheduling

Visits are scheduled by calling Mary Jo ([\(231\) 845-5185](tel:2318455185)) at extension [261](tel:261), or Mandy at extension [259](tel:259)

No more than 2 visitors at a time; no one under 14 years of age

Visitors should arrive 20-30 minutes prior to scheduled appointment to allow time for testing and screening

Visits will be approximately 45 minutes in duration

Visits may be canceled with limited notice

Testing

Agree to be tested for COVID-19 by either:

Being tested onsite by a trained Oakview staff member with a point of care rapid test prior to entry

Getting tested on your own within 72 hours of coming to the facility and providing proof of negative test results upon entry

Note: Testing is not required in the case of End-of-Life visits only

Screening

Agree to be screened and truthfully check “Yes” on the Visitor Log if:

You are under COVID-19 investigation or have a pending test result for COVID-19

You have tested positive for COVID-19 and are currently receiving treatment or required to self-isolate

You have signs or symptoms of a respiratory infection such as fever or chills, cough, shortness of breath or sore throat

You have other symptoms such as: fatigue, muscle or body aches, headache, new loss of taste or smell, nausea or vomiting, or diarrhea

You have taken medication(s) that could mask listed symptoms

You have been advised to self-quarantine because of exposure to someone with SARS-COV-2 (COVID-19) infection

Visitation Requirements

While visiting with your loved one, you agree to all the following as noted by checking the “Education / Instructions Provided” box on the Visitor Log:

Schedule your visit with an Oakview staff member in advance and honor designated time limits

Call [231-239-0021](tel:2312390021) from the parking lot upon arrival for an Oakview staff member to conduct testing (*this is not the same number for scheduling appointments*)

Sign in and provide name, phone number and resident you are visiting; sign out upon departure

Have your temperature taken prior to visit

Use hand sanitizer before and after your visit

Wear a facility-provided surgical mask covering your mouth and nose for the duration of the visit

Receive education from staff regarding additional PPE use if necessary and appropriate

Practice social distancing by remaining at least 6 feet apart from your loved one and any other resident, staff, or visitor

Refrain from physical contact with your loved one (no hand holding, hugs, kisses)

Refrain from sharing food

Remain in designated locations on our campus

[Notify the facility if you develop symptoms consistent with COVID-19 within 14 days of a visit](#)

Note: Visitors unwilling or unable to wear a face covering for the duration of their visit and persons unable to follow requirements will instead be encouraged to use video or other forms of remote visitation.

Facemask Do's and Don'ts

For Healthcare Personnel

When putting on a facemask

Clean your hands and put on your facemask so it fully covers your mouth and nose.



DO secure the elastic bands around your ears.



DO secure the ties at the middle of your head and the base of your head.

When wearing a facemask, don't do the following:



DON'T wear your facemask under your nose or mouth.



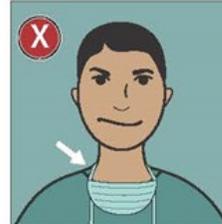
DON'T allow a strap to hang down. DON'T cross the straps.



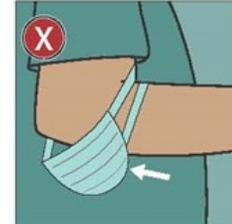
DON'T touch or adjust your facemask without cleaning your hands before and after.



DON'T wear your facemask on your head.



DON'T wear your facemask around your neck.



DON'T wear your facemask around your arm.

When removing a facemask

Clean your hands and remove your facemask touching only the straps or ties.



DO leave the patient care area, then clean your hands with alcohol-based hand sanitizer or soap and water.



DO remove your facemask touching ONLY the straps or ties, throw it away*, and clean your hands again.

*If implementing limited-reuse: Facemasks should be carefully folded so that the outer surface is held inward and against itself to reduce contact with the outer surface during storage. Folded facemasks can be stored between uses in a clean, sealable paper bag or breathable container.

Additional information is available about how to safely put on and remove personal protective equipment, including facemasks:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>.



March Happenings

Week 1: Dr. Seuss Week

We will be covering a different book each day with crafts, games, and treats that coincide with the theme of each book.

Week 2: Beat the Blahs Week

Monday: PJ Day

Tuesday: Crazy Hair Day

Wednesday: Wacky Sock Day

Thursday: Goofy Hat Day

Friday: Gaudy Attire Day

Week 3: A week of Rainbows

We will be enjoying rainbow treats, games and crafts this week along with celebrating St. Patrick's Day. (Don't forget your green)

Week 4: Spring is Here!

We will enjoy some fresh treats, make beautiful spring crafts and play some spring themed games.

Week 5: April Shower!

We will be singing in the rain this week as we plant flowers, enjoy some pail treats, work on some crafts and enjoy an April showers themed movie.

Sunday, March 14th Daylight Saving time. Don't forget to turn clocks ahead 1 hr.



Every month, we will include one of the Resident Rights or Responsibilities as written in Oakview's "Residents Rights and Responsibilities" policy. We want our residents and their families to know these important Resident Rights and Responsibilities. If you should have any questions about any of these, please don't hesitate to ask.

1.B.5 The facility shall not extend the resident representative the right to make decisions on behalf of the resident beyond the extent required by the court or delegated by the resident, in accordance with applicable law.

March Birthdays

Residents

Christine Olson	3/13
Donald Barnett	3/23
Brenda Stalter	3/27
Eva Tunison	3/28

Employees

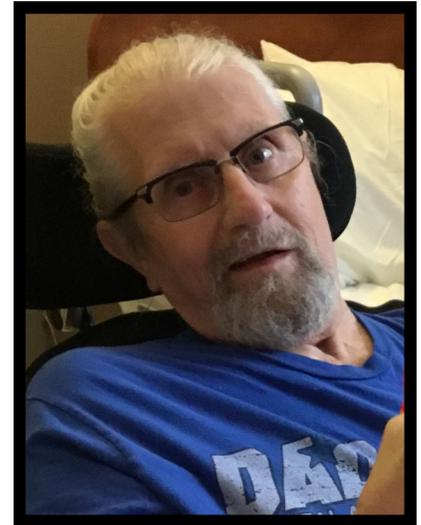
Emily Casperson	3/3
Alexis Shepard	3/3
Amber McGinnis	3/10
Donna McDermott	3/21
Carrie Farraher	3/30



Resident of the month for March is

David Hullinger

Congratulations!



Congratulations



Employee of the month for March is

Allison Schultz

Congratulations!



March is National Social Work Month



Celebrated each March, National Professional Social Work Month is an opportunity for social workers across the country to turn the spotlight on the profession and highlight the important contributions they make to society. The theme for Social Work Month this year is "Social Workers Are Essential" Our nation's more than 600,000 social workers have amazing tenacity and talent. They confront some of the most challenging issues facing individuals, families, communities and society and forge solutions that help people reach their full potential and make our nation a better place to live. Oakview is very fortunate to have a dedicated Social Services Department available to help and support the residents and family members. The three members include Mary Jo Claire, Director of Social Services/SLC Unit Manager; Heidi Adams, Social Work Case Manager and Natasha Swihart, Social Work Case Manager.