

Hello,
We have turned the calendar to June and starting to see some restrictions lifted in our community which gives us all hope for more positive changes ahead. I continue to follow the Executive Orders very closely and will not be making any changes in our building and with the residents until guidance from the State allows. It is understandable that the #1 question continues to be when actual visits will be allowed with your loved one. Be assured that information related to personal visits and/or lifted restrictions will be shared with the residents and families as soon as they are released. Please continue to check the Oakview website for all updates and don't hesitate to reach out to appropriate staff members with questions or concerns. Your continued understanding and support are deeply appreciated. <https://oakviewmcf.com/covid-19/>

Jannice Lamm, Oakview Administrator

1. Is there a process the State has set to proceed to visitation in the future?

*Answer: The Federal Government has made recommendations and we are waiting for the state to provide guidance. What we do know is that part of the recommendation is for facility wide baseline testing. We believe this will be a requirement prior to opening to visiting. We have been informed from District Health Department #10 that the National Guard are expected to be in Mason County on June 9th to offer free COVID testing to residents and staff. We **ARE** going to take advantage of this offer to be proactive in our steps to re-opening. Our Medical Team supports the testing and will strongly encourage all residents and staff be tested. All residents will receive a written order for the testing from Dr Pollard and responsible parties will be contacted prior to testing.*

2. Any guidance or decision for families visiting residents outside?

Answer: We continue to wait for guidance on this issue. We do know there are work groups in Lansing attempting to get clarification but as of today we have not heard anything.

3. Are items dropped off to a resident still being held for 72 hours?

Answer: Nonporous items do not need to be held before they can be shared with the residents. These types of items will be wiped down with a disinfectant wipe. However, we continue to follow the 72 hour recommendation for other items that cannot be wiped down due to the possibility of the virus lingering on the items. Items that need to be held for 72 hours will be kept in the entrance vestibules.

Take Time to Reflect

With practicing social distancing, you likely find that that you have additional time on your hands. It may help to take some of that newfound time to examine your current feelings and state of mind. Knowing where you are at mentally is the first step in being able to take control of your thoughts and reactions. Then, you can take productive action such as engaging in hobbies, exercising, and learning a new skill to manage and even reduce negative feelings and thoughts. We all make choices each and every day and this includes our attitude towards dealing with difficult and stressful situations.

