



Oakview Medical Care Facility

January 2020

Happy New Year! Time for everyone to take a breath and reflect on the past and be excited about the future. I found this "Ultimate List" for my New Year's resolution and wanted to share....

1. **Get more rest.**
2. **Drink more water.**
3. **Get more exercise.**
4. **Read more.**
5. **Get more organized.**
6. **Clean more often.**
7. **Explore more.**
8. **Relax more.**
9. **Have more patience.**

Forget doing 'more'.

JUST TRY YOUR BEST!

Statistics show that by February most of us will have broken more than 90% of the resolutions made. So as the end of the Ultimate List instructs....Let's just do our best! That sounds like the best plan to me. I look forward to tomorrow; to the future. Oakview is always looking for ways to improve and move forward.

Here's to a Happy 2020!!!



See how many words you can make with the letters in:

HAPPY NEW YEAR

Use each letter only once. Give yourself two points for five-letter words, three points for six-letter words, and five points for words that have seven or more letters.

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |



If you are sick we ask that you wait to come in and visit your loved one. It is that time of year that the common cold and flu goes around and we appreciate that you don't share it with your loved one. Feel free to call via phone to check on them or talk to them.



January Happenings

Welcome 2020!

1/1– New Years Day Social

1/8–Ann Masten’s 100th Birthday Party 3:15pm

1/10– Hot Chocolate Tasting Bar at 3:30pm

1/14– Monthly Birthday Party at 2:30pm

1/15– Bootscooters at 6:30pm

1/17–Music with Charlie’s Angels at 2:30pm

1/18– John Pomeroy Music at 11:00am

1/21– Marek Music Makers at 2:30 pm

1/27– Dollar Bingo! At 2:00pm

1/28–Resident/Family Council at 2:30pm

Dietary note of Interest: We will be doing the next cart rotation for the 1st Quarter (January-March) starting on 1/1/20. This cart rotation is set up to change quarterly so all residents will have the opportunity to be served 1st at various meals throughout the year. This will change for all lunch and supper times as to when your hall cart will go out. For instance if East Hall was 1st after the dining rooms they will be moved to 2nd after the dining rooms for this quarter and if a cart was last they will move to first for this quarter and so on. Also remember that the resident dining room gets served 1st for all meals.

Hope this reminder helps!



January Birthdays

Residents

Barbara Potter	1/7
Anne Masten	1/8
Dennis Lloyd	1/16
Grace Yeager	1/24
Clarice Krupinski	1/30

Employees

Tammy Shoemate	1/4
Jannice Lamm	1/10
Allison Schultz	1/10
Hannah Smakal	1/13
Michele Cormany	1/17
Susan DeGroot	1/17
Patricia Porter	1/17
Jason Anderson	1/21
Becky Wissner	1/21
Katie Anderson	1/22
Sherece Nehm	1/22
Sabrina Sisson	1/24
Diane Swider	1/24
Sarah Bailey	1/26
Brenda Brege	1/26
Terry Olson	1/30



Resident of the
Month for January
is

Edna DeMorrow

Congratulations!

New Year Reminders

Please inform Oakview staff if you:



1. Change your address
2. Change your phone number
3. Change insurance for the resident
4. Need to update emergency contact info.
5. Have updated funeral home information
6. Have a change in legal papers, ie:
MDPOA/DPOA, Guardianship, or
Conservatorship

Every month, we will include one of the Resident Rights or Responsibilities as written in Oakview's "Residents Rights and Responsibilities" policy. We want our residents and their families to know these important Resident Rights and Responsibilities. If you should have any questions about any of these, please don't hesitate to ask.

3h. A nursing home patient or a person authorized by the patient in writing may inspect and copy the patient's personal and medical records. The records shall be made available for inspection and copying by the nursing home within a reasonable time, not exceeding one week, after the receipt of a written request.