



Oakview Medical Care Facility

January 2019

Happy New Year! Time for everyone to take a breath and reflect on past and be excited about the future. I found this "Ultimate List" for my New Year's Resolution and wanted to share....

1. **Get more rest.**
2. **Drink more water.**
3. **Get more exercise.**
4. **Read more.**
5. **Get more organized.**
6. **Clean more often.**
7. **Explore more.**
8. **Relax more.**
9. **Have more patients.**

Forget doing 'more'.

JUST TRY YOUR BEST!

Statistics show that by February most of us will have broken more than 90% of the resolutions made. So as the end of the Ultimate List instructs....just do our best! That sounds like the best plan to me. I look forward to the tomorrow, to the future. Oakview is always looking for ways to improve and move in the future.

Here's to a Happy 2019!!!



Jannice Lamm, CTRS, LNHA

See how many words you can make with the letters in:

CHAMPAGNE CORKS

Use each letter only once. Give yourself two points for five-letter words, three points for six-letter words, and five points for words that have seven or more letters.

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |



If you are sick we ask that you wait to come in and visit your loved one. It is that time of year that the common cold and flu does go around and we appreciate that you don't share it with your loved one. Feel free to call via phone to check on them or talk to them.



January Happenings

Welcome 2019!

1/1- New Years Day

1/8- Monthly Birthday Party at 2:30pm

1/10- Chocolate Tasting at 3:15

1/11- Charlie Cole at 2:30

1/15- Marek Music Makers at 2:30

1/17- Healing Graces Ministeries at 2:30

1/22- Brownie Day

1/25- Las Vegas Game Day at 2:00

1/27- Jeff Stakenas at 2:30

1/28- Dollar Bingo



Dietary note of Interest: We will be doing the next cart rotation for the 1st Quarter (January-March) starting on 1/1/19. This cart rotation is set up to change quarterly so all residents will have the opportunity to be served 1st at various meals throughout the year. This will change for all lunch and supper times as to when your hall cart will go out. For instance if East Hall was 1st after the dining rooms they will be moved to 2nd after the dining rooms for this quarter and if a cart was last they will move to first for this quarter and so on. Also remember that the resident dining room gets served 1st for all meals.

Hope this reminder helps!



January Birthdays

Residents

Anne Masten	1/8
Dennis Lloyd	1/16
Ellen Westcott	1/22
Grace Yeager	1/24
Clarice Krupinski	1/30

Employees

Tammy Shoemate	1/4
Jannice Lamm	1/10
Allison Schultz	1/10
Hannah Smakal	1/13
Pam Wheaton	1/16
Michele Cormany	1/17
Susan DeGroot	1/17
Patricia Porter	1/17
Tammy Heller	1/19
Becky Wissner	1/21
Katie Anderson	1/22
Sherece Nehm	1/22
Sabrina Sisson	1/24
Diane Swider	1/24
Sarah Bailey	1/26
Brenda Smolinski	1/26
Shanda McCord	1/28
Terry Olson	1/30



Resident of the Month for
January is Louisa Meyers.
Congratulations!!

New Year Reminders

Please inform Oakview staff if you:

1. Change your address
2. Change your phone number
3. Change insurance for the resident
4. Need to include other emergency contact information.
5. Have updated funeral home information
6. Have a change in legal papers, ie: MDPOA/DPOA, Guardianship, or Conservatorship

Every month, we will include one of the Resident Rights or Responsibilities as written in Oakview's "Residents Rights and Responsibilities" policy.

We want our residents and their families to know these important Resident Rights and Responsibilities. If you should have any questions about any of these, please don't hesitate to ask.

2 M. A patient is entitled to be free from **performing services** for the health facility that are not included for therapeutic purposes in the plan of care.